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STEEDMANS

MINDEN

Vol. 2, Number 10

Minden, Ontario

Wednesday, March 15, 1978

Doctor and residents will fight to keep Minden hospital open

MINDEN — In a report released last week by the Canadian Red Cross hospitals board, it was learned that Minden's hospital should be changed to a clinic.

The report which examined the ten hospitals in the province that are owned and operated by the Red Cross said the Minden Unit needs considerable improvement in relation to a number of features as well.

However, in a brief delivered by Dr. Jeffrey Lodenquai before a jam-packed Minden Community Centre on Wednesday night, he stated that very little cost would be incurred to bring the hospital up to standard. He went on to say that it would be financial folly as well as geographic disaster to send patients to Haliburton as it is some 15 miles further from Lindsay or Peterborough.

Dr. Lodenquai's report to the people of Minden stated that the Red Cross report taken during 1974 and 1976 was based on two factors. The trend was that patients went to Haliburton due to inadequate medical care in Minden. However this has now been rectified with the arrival of a full-time doctor in Minden. He went on to say that Minden's Hyland Crest Senior Citizens Home is cared for by Haliburton doctors one hundred percent. This need not be the case in future. Presently a doctor from Haliburton visits the home once a week and if a resident needs medical care any other day besides Tuesday, they must be transported to Haliburton by ambulance at a cost of \$25 each way.

The brief went on to say that the cost of a patient day in Haliburton is \$182 while in Minden the cost is only \$153, or a saving of \$29 a day.

Dr. Lodenquai stated the report criticizes the building itself but with very little work it could be brought up to standard. As for the piped in oxygen, this is not necessary as portable units now being used are doing the job and in some cases are better.

When a citizen of Minden questioned Dr. Lodenquai if he would help us if the hospital were closed, he said, "I have never run from a fight in my life and as I fully intend to stay in Minden I will fight to have this hospital remain a hospital and not changed to a clinic as recommended by the Red Cross."

Council for Anson, Hindon and Minden on Wednesday, passed a resolution to set up a committee, headed by Doug Campbell, area supervisor for Minden Hydro, to do an analysis study of the County regarding both hospitals. Reeve Sinc Nesbitt of Stanhope told the gathering that he and his Township will all back AH&M's fight to keep their hospital.

A petition was taken up at the end of the meeting which will be sent to the Canadian Red Cross Hospital Board demanding that the hospital stay open. Written briefs must be dropped into the municipal office before March 16 and they will be forwarded to the Minister of Health Dennis Trimbull. Dr. Lodenquai also advised everyone at the meeting to write their MP Bill Scott and MPP John Eakins.

Dredging to stop now at Kinsmen "Participark"

MINDEN — At the last meeting of Anson, Hindon and Minden council, the Kinsmen Club of Minden notified council that all dredging of the Kinsmen 'participark' beside the ice track will be stopped. Council received many letters from concerned citizens in the immediate area, objecting to the dredging because their basements were being flooded.

The Kinsmen Club informed council that because of this, they would not be doing anymore dredging at this time.



Doctor Jeffrey Lodenquai of Minden, presents an extensive brief to the Council of Anson, Hindon and Minden

regarding a report released by the Ministry of Health on the status of our Red Cross hospital.



On Wednesday evening at the Community Centre, a crowd of over 200 listened to briefs on the local hospital situation presented by Gordon Monk, Doug Campbell

and Dr. Lodenquai. People banded together at the conclusion of the meeting to sign a petition and will write letters to the Ministry in an attempt to save the hospital

Government to spend 16.1 million creating Experience '78 jobs

TORONTO — Terry Jones, parliamentary assistant to the Honourable Margaret Birch, responsible for the Ontario Youth Secretariat, announced that the provincial government has allocated \$16.1 million dollars for the operation of its special summer employment initiative, Ontario Experience '78. Through this year's program, more than 13,500 unique job opportunities have been created for Ontario's youth.

"In response to the needs of the many young people who will be looking for employment this summer, we have expanded this year's program from 63 components in 1977 to 78 in 1978," Mr. Jones said.

All experience '78 components are administered by 19 participating Provincial Ministries, often in co-operation with established community agencies such as

local municipalities, conservation authorities, school boards, travel associations, libraries and museums. Mr. Jones explained that this policy has been adopted to ensure the Experience '78 components are responsible to local concerns and priorities.

The Ontario Youth Secretariat co-ordinates the Experience Program's overall criteria and development.

Entering into its sixth year of operation, the Experience Program will provide youth throughout Ontario with opportunities to expand upon their education during the summer months. At the same time the program will help to stimulate the student's interest in community affairs through their contributions of special skills, talents and knowledge in a wide range of public service fields.

Money saving tips for vacationing motorists



WITH GASOLINE MORE THAN A DOLLAR A GALLON, in some places, fuel economy is becoming an important factor to tourists in North America . . . especially since our cars are large and our automotive philosophy never put a premium on energy-saving.

But there are ways of squeezing economy out of your automobile. And, happily, these ways of improving efficiency also make for trouble-free car travel.

You don't have to make dramatic changes, or buy expensive bolt-on goodies to maximize your car's efficiency. The key to economical and trouble-free automobile touring is simple, old fashioned attention to detail, attention to maintenance.

For instance, did you know that something as small as under-inflated tires can reduce efficiency by as much as 1.5 miles per gallon? Or that a dirty air filter can cost you .8 miles per gallon? Unnecessary junk in your trunk can cost you .2 miles per gallon for 100 pounds of never-used odds and ends. Make sure that you take things that you're really going to use. Unnecessary cargo wastes gas.

MOST MOTORISTS ARE CARELESS ABOUT CHANGING OIL FILTERS. It isn't unusual for the same filter to remain unchanged for 10,000-30,000 miles. Unchanged oil filters increase friction and can lower gas mileage by as much as .2 miles per gallon. Perhaps more important, dirty oil reduces engine life, destroys efficiency, and produces pollution by promoting ring wear and the resultant tendency to burn oil.

Unadjusted automatic transmissions and clutches result in drive slippage that can cost you as much as .5 miles per gallon . . . and much more if you're addicted to tire-squealing "jack rabbit" starts. Even if your automatic transmission is adjusted properly, improper fluid level can cause inefficiency amounting to .1 miles per gallon lost.

BUT THE WORST GAS-GUZZLING CULPRIT LURKS IN THE IGNITION SYSTEM. Fouled plugs and burnt-out distributor points can not only waste up to 2 miles per gallon of gas . . . they can bring your trip to a halt, and usually under the most inconvenient and even dangerous circumstances. Inefficient ignition systems are particularly vulnerable to moisture. They tend to short out during rain and snow storms . . . just when you don't want to get stuck without power.

ENERGY LOSS DUE TO POOR MAINTENANCE IS DECEIVING. Because individual losses are small, proper maintenance is all too often shrugged off. But the cumulative loss of several inefficient systems . . . tire pressures, ignition, excess baggage, oil and gas filters, unadjusted clutches and transmissions, incorrect fluid levels . . . can add up to a 50 percent reduction in the number of miles per gallon. If you normally get 30 mpg, you can find yourself limping along getting only 15. And that gets expensive at today's prices . . . especially since you're also inviting a major breakdown which will put you at the mercy of inflationary parts and labour costs.

Thomas E. Swann, a Ford of Canada assistant executive engineer, emphasizes the importance of ordinary proper maintenance as an important factor in energy savings. Besides the obvious energy-wasting conditions outlined above, Swann points out some less obvious fuel-guzzlers. "Steering misalignment. This can be like continually pushing the front end of the car uphill. Depending on vehicle size and weight, misalignment alone can cause up to 5 per cent loss in fuel economy."

AGAIN, DRIVING HABITS CAN MAKE A BIG DENT IN THE NUMBER OF MILES PER GALLON. Many lazy drivers use the brake pedal as a rest for the left foot . . . cost: .5 miles per gallon. Speeding wastes gas because of increased wind resistance. If speed is reduced from 6 miles per hour to 50 . . . a 10 per cent saving in fuel economy is achieved. Drivers of campers and tall, "square" vehicles can achieve even more dramatic fuel savings by going a bit slower.

All this adds up. Careful maintenance and good driving habits can make a substantial contribution to Canada's energy situation and will result in a trouble-free vacation at the same time.

TRAVEL SECTION

Florida has beaches for various moods

With almost 1,200 miles of shoreline, Florida offers the ultimate beach experience for the Canadian vacationer. Whether you wish to build castles in the sand, lazily soak up Vitamin D in a secluded cove or drive a dune buggy along a motor-ing beach, visitors are no more than 60 breezy miles from a costal vacation anywhere in the Sunshine State.

More and more beach buffs are discovering that the contrasting coasts of Florida have something for everyone.

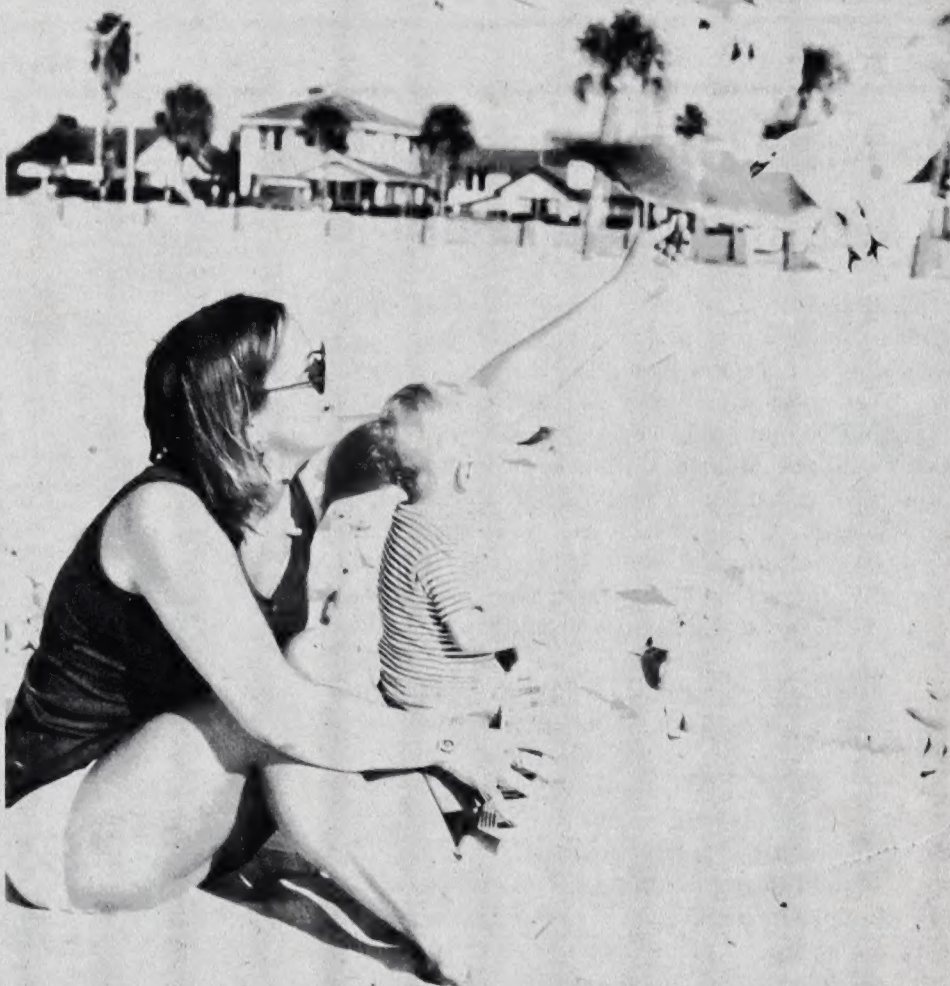
The northeastern shore of the Sunshine State presents a vista of wind-swept tan dunes held in place by patches of sea oats, while its endless waters beckon for a picnic or swim.

Farther south, the exciting surfy coast in and around Daytona offers vacationers one of the few beaches in the world on which cars may be safely driven, and its world-famous boardwalk bustles with concessionaires eager to serve.

The stretch of beach along the Central Atlantic Coast holds secluded surprises for those who opt for privacy. From Daytona down to Jensen Beach, shady pines, sea grapes and palmettos shelter approaches to inviting coves where a darting ghost crab or a lumbering sea turtle may greet you on a summer's night.

The Cannes-like atmosphere of Fort Lauderdale has mesmerized young sophisticates and thousands of vacationing college students who flock to the accessible golden beach lining its Atlantic shore. Farther south, glittery Miami Beach lives up to its reputation as the playground capital of the world.

In contrast to the splashing seas of the Atlantic, the Gulf Coast shoreline offers the pleasures of more calm-



Canadian families are no more than an hour from a breezy beach in Florida. Hovering seagulls often join them for a popcorn picnic.

ing waters.

A glorious bright white beach edged with palms and Australian pines shelters Sanibel Island, one of the best shelling areas of the western hemisphere. Pelicans, herons, spoonbills, sandpipers, gulls and snake-necked aningas make this a special island for bird watchers and shell collectors alike.

The soft, wave-lapped sands of seaside resorts sprinkled along the Central Gulf Coast magnetically draw visitors to the shore.

Miles of powdery beaches shelve gently into the temperate waters of the Gulf, offering safe swimming for the entire family.

Calmness is the key here and the leisurely pace gives the vacationer plenty of unwinding time. Just watching others play, while comfortably settled under a shadowy palm, is a popular Gulfside pastime. And it only takes a flip of the wrist to feed a tidbit to the ever-present hovering seagull.

A treat is in store for the

beach lover who has not discovered the pleasures of the more than 100 miles of sugary white sands that edge the turquoise waters of Florida's panhandle from Panama City to Pensacola. Gulf breezes spark another kind of holiday not found at more metropolitan resorts. Vacationers enjoy basking and bathing throughout the lengths of Santa Rosa Island and in all the other polished but unpretentious resorts that ribbon this portion of the Gulf.

Tourist Boards can be goldmines for you

Over one hundred foreign Tourist Boards service the Canadian public. Most of them have rather "swish" offices in either Toronto or Montreal with the odd country servicing Canada out of New York.

Why are they here, and what do they do? Canadians travel more frequently and more imaginatively than most other nationals. We issue more passports per capita than any other country in the world. With the possible exception of the Australians, we spend more money and travel more often! So, in a round about way, that certainly answers why there are so many Tourist Boards here in Canada.

What they do is to promote travel to their particular country or island extolling the virtues of their destination as being the sunniest "snowiest," cheapest,

most interesting or relaxing vacation place!

It's a fact of life these days that tourist dollars can have an enormous effect upon a national economy.

Tourist Boards spend countless millions of their government funds to produce countless gorgeous brochures, newspaper and television ads and brief and guide travel operators and travel agents towards their destination.

How does this affect you — that's an interesting point! Without a doubt Tourist Boards make up the greatest untapped wealth of vacation information available to the public today.

Obviously the first place to go for everyday simple information is your travel agent. He knows how to get you there, and all the fundamental what when and where's! If however your requirements are specialized

and you are seeking obscure information on hunting in Finland, or camping in Afghanistan a few lines to the appropriate Tourist Board will pay handsome dividends. Say for instance you wanted to stay for a week in one of Britain's stately houses with Lord and Lady "do dah", and you can you know, or you were keen to attend a French wine festival, here again the phone call or postcard to the appropriate Tourist Board will bring forth a goldmine of detailed information. Information which can convert a disorganized couple of weeks vacation into a memorable event. **Warning** — don't be stupid about it, don't ask the Tourist Board the fare to London or the frequency of the train from Milan to Rome. Discuss your requirements with the travel agent first! If he doesn't have the informa-

tion you require, ask him for the appropriate Tourist Boards address. Your agent will be delighted to help you. They work together. Give the Tourist Board time to reply, as we are all too well aware your correspondence can take a week to get there and a week to receive the reply, programme yourself to allow a month. Tourist Boards can be particularly helpful if you are planning a church group, company or club convention or vacation. For instance the British Tourist Authority will work with your agent to provide you with a complete kit. If there are sufficient people they would possibly arrange a special Medieval banquet for the group, open doors for hotels, arrange admission to other places of interest. Much of the same philosophy applies to most of the major foreign boards.

Readers and advertisers request paper goes free

After nearly three months of publishing The Express on a "paid" basis, Publisher Robert Mann announced this week that the experiment is over and the paper will be freely distributed throughout Haliburton County each and every week from this date on.

During the three month period the paper had been delivered to specific areas of Haliburton County each week on a rotating coverage basis and subscriptions to The Express have been received from all parts of the County.

However, we have been informed by readers that they did not feel it justified purchasing a subscription themselves when their neighbours, who did not subscribe, got a paper too.

Advertisers have pointed out that their messages would be seen by the entire county populace on the free distribution system rather than a hit and miss method used during the three months. Distribution figures for the county will mean that The Express will be delivered to more than 4000 county residents each and every week and will also be distributed in the Norland-Coboconk areas. Copies of The Express will be available free of charge in several local stores.

To the hundreds of people who have supported The Express we extend our thanks. If those of you who are subscribers should ever miss an issue do not hesitate to call us at 489-2036. Once again, thanks for the tremendous support you've shown us. —RM

Crossword Puzzle

Here's the Answer

Armed Forces

ACROSS	3 Weapons	4 Airplane parts	5 Skin disorder	6 British soldiers' fuel	7 Compass point	8 Sharpshooter's weapon	9 Brother of Cain (Bib.)	10 Jeep accessory	11 Paradise	12 Tell	13 Conquers	23 Tumults	24 Fruit	25 Desserts	26 Mistake	27 Quietly (2 words)																	
1 Type of military plane	2 Bugle call	8 Grade	12 Service club	13 Expert fliers	14 In the same place	15 Armed Forces' Uncle	16 Meddle	18 Water glass	20 Actress, — Terry	21 Assent	22 Heraldic band	24 Makes a fox-hole	26 Pen name of Charles Lamb	27 Watched	30 Sharper	32 Indolent	34 Tighter	35 Tried out	36 Worm	37 Embezzles	39 Musical directions	40 Discharge a rifle	41 Two	42 Look fierce	45 Always	49 What Poe's raven said	51 Individual	52 Fruit drinks	53 War god	54 Soldier's bed	55 Lave	56 Cape	57 Female sheep

DOWN

1 Fair

2 Biblical name

28 Where sailors travel

29 Espouses

31 Weirder

33 Give, as a military order

38 Prior

40 New

41 Military command, — right

42 Chew

43 Spartan queen

44 Prayers

46 Mineral rocks

47 Enough (poet.)

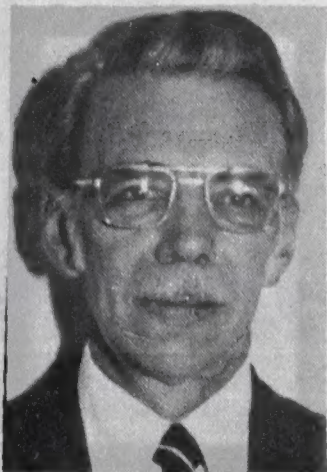
48 Anatomical network

50 Able-bodied sea—

How to handle broken limbs is demonstrated to Stnhp. firemen

Firemen in Stanhope Township received a refresher course in first aid tactics recently when Red Cross instructor Lloyd Johnson was present to assist the men in the treatment of broken limbs and fractures.

Mr. Johnson showed the firemen and their wives what the proper procedures were for different types



Lloyd

Johnson

of breaks with the use of a television cassette.

Two films were shown and following each, the firemen were asked to apply slings and bandages as required depending on the break or fracture. Mr. Johnson stressed the importance of proper handling and use of slings when preparing to move an accident victim to an ambulance.

Chamber of Commerce holds successful meeting

The Chamber of Commerce held a very successful meeting of downtown Haliburton merchants last Wednesday at the Legion Hall. Approximately 40 interested merchants turned out to hear Earl Miller from Ontario Housing give a slide presentation and answered some questions regarding the possibilities of starting a beautification program for the village's main streets.

The meeting was chaired by Chamber Manager Bob Stinson after Director Marshall Leighton had enough interested businessmen feel a program of this nature would be possible. Attending from the municipality was Councillor Roy Brohm and Clerk Wayne Wood.

All merchants attending were enthused at the idea of creating additional parking, new lighting, benches, etc. to make Haliburton a better place to live and to shop. A committee has now been set-up to further study the project.

YOU ARE WHAT YOU EAT

Overweight is caused by eating too much of the wrong foods instead of the correct amounts of the right ones. So states the pamphlet Nutrition, Weight And You.

The pamphlet also states the basic nutrition facts. For instance, no single food contains all the nutrients your body requires for good health.

Therefore, it is important to be familiar with the proper combination of foods.

For energy your body needs carbohydrates and fat. Fat yields almost 2½ times more calories than carbohydrates and protein.

If you want to restrict the calories in your food, you must limit your fat intake.

For instance, fish, which is a good source of protein, is lower in fat content than beef. This is why most controlled diets recommend several fish meals per week.

For the same reason skim milk fits better into reducing diets than ordinary milk.

You should also remember that if a food is fattening or how much of it you eat.

Physical activity burns up some of the food energy which might otherwise be stored by the body as fat. However, unless exercise is accompanied by a controlled food intake, it is not a good way to lose weight.

Send your request to Weight Watchers Information Centre, Suite 1900, 1 Yonge St., Toronto, Ont. M5E 1N4 Please allow 2-3 weeks for delivery.

Trade in your Old Machine for a New Brothers

FREE ARM **199.00**
\$50.00 OFF WITH TRADE
Model 1243

ZIG ZAG **199.00**
\$50.00 OFF WITH TRADE
WITH CASE Model 1231

ZIG ZAG **139.00**
\$35.00 OFF WITH TRADE
WITH CASE Model 1211A

STRAIGHT STITCH **99.00**
\$25.00 OFF WITH TRADE
WITH CASE Model 1201

STEEDMANS

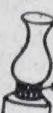
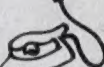
HALIBURTON

ATTENTION HOUSEHOLDERS

The Highlands Express **ACTION AD** is here!

Sell your new    

 ***nearly new or used***  

           ***etc., etc.***

WITH AN “ACTION AD” IN THE EXPRESS.

Try it now and get 1 ad FREE!

2 ACTION ADS for only \$1.00

Fill out the forms below, include \$1.00 and send to: The Express, RR 2, Minden KOM 2K0

Your ACTION AD will appear for 4 WEEKS at NO ADDITIONAL CHARGE! (All commercial ads will carry borders at regular weekly prices.)

Please place my “ACTION AD” in The Express. Enclosed is \$1.00 for my TWO ads.

Name

Address

Postal Code

AD TO READ:

Be sure to put your name or telephone number in your ad also.
Maximum words, 15.

Please place my FREE “ACTION AD” in The Express. Tear out both coupons and send to The Express, RR 2, Minden, KOM 2K0

Name

Address

Postal Code

FREE AD TO READ:

Be sure to put your name or telephone number in your ad also.
Maximum words, 15.

HEARTY BUT HANDY

If you want to play, organize!

Working cooks who also want to play have to be well-organized in the kitchen, especially if they do their playing in chalet country.

Weekend menus must be planned well in advance. If you can manage it, make up a big batch of your favorite chili or stew mid-week and freeze. Then when Friday afternoon rolls around, pack the frozen dishes in an insulated picnic hamper and take off for a weekend of winter sports.

Failing that, try to plan dishes that can be prepared quickly from canned foods that you keep on hand at the chalet.

If you expend a lot of energy on the ski trail, try serving starchy fare such as spaghetti or shrimp rice creole — foods that you might hesitate eating mid-week when life is more sedentary. They have the added advantage of being relatively inexpensive, so you can invite several friends back from the slopes without hurting financially. A little canned shrimp goes a long way in flavor when added to rice, and a can of clams with a can of cream of potato soup makes a filling chowder. Serve both with a crisp salad for a satisfying meal.

SHRIMP RICE CREOLE

1 chopped green pepper
1 small chopped onion
1 smashed clove garlic
1 tbs. butter and 1 tbs. oil
One 19 oz. can tomatoes
¼ c. white wine (optional, you can replace with water) and ½ c. water
½ tsp. salt
½ tsp. chili powder
¼ tsp. freshly ground black pepper
1 c. Uncle Ben's converted rice
One 7¾ oz. can small shrimp

Saute the green pepper, onions and garlic in butter and oil until limp. Drain ¼ c. of the juice from the canned tomatoes and add to onion mixture along with ¼ c. white wine and ½ c. water. Add the salt, chili powder, black pepper and about 3 of the tomatoes from the can (reserve rest of tomatoes for another recipe). You can chop the tomatoes up a bit with a knife first.

Bring to a boil, stir well and add the cup of rice. Stir again and cover. Reduce heat to gentle simmer and cook without removing cover for 20 minutes. Drain and rinse a 7¾ oz. can shrimp and add to the rice after 20 minutes. Mix well, cover and cook another 5 minutes until all liquid is absorbed. Serves 3.

Note: The proportion of rice to water given here works for Uncle Ben's converted rice. If you use a different brand you may have to make adjustments.

QUICK CLAM CHOWDER

If you make extra bacon for breakfast and save the drippings, you can make this dish in just 15 minutes.

3 slices finely chopped bacon
1 diced onion
One 10 oz. can potato soup
One 10 oz. can baby clams
Liquid from clams and enough milk to make 1½ c.
1 bay leaf
¼ tsp. thyme
½ tsp. tarragon
Worcestershire sauce to taste

Fry the bacon and remove from pan. Set aside. Add the diced onion to the drippings and fry until limp. Drain off all but two tablespoons of fat. Add the can of potato soup, the bacon and stir.

The Cook Works

By GLORIA COLLINS

Strain the clams. Reserve liquid. Add milk to the liquid to make 1½ c. Add slowly to soup, stirring all the while.

Add bay leaf, thyme, tarragon and simmer 10 minutes. Add clams and heat a few minutes, adjusting seasoning if necessary and adding a few drops Worcestershire sauce to taste. Serves 2.

CHEESE 'N BEANS CASSEROLE

Two 14 oz. cans oven-baked beans with molasses
One 16 oz. package wieners
8 oz. Tybo cheese, thinly sliced
1 large tomato, sliced
1 large green pepper, sliced
salt and pepper

parsley to garnish (optional)

Drain excess liquid from beans. Place one can in bottom of a greased 3-quart casserole. Cut wieners in half crosswise and again lengthwise. Layer half the wieners on beans. Top with half the slices of tomato and green pepper. Sprinkle with salt and pepper. Add half the cheese slices. Repeat with remaining beans, wieners, tomato, green pepper and cheese. Bake in a 400 degree oven for about 30 minutes. Garnish with parsley. Serves 4.

CHILI PRONTO

2 lbs. ground beef
¼ c. chili powder
1 tsp. garlic powder or to taste
1 tbs. Worcestershire sauce
2 tbs. onion powder
cayenne pepper and/or tabasco sauce to taste
4 tbs. black ground pepper
2 tbs. celery seed

½ lb. sliced mushrooms
One 19 oz. can baked beans
One 19 oz. can kidney beans
One 28 oz. can tomatoes
One 10 oz. can tomato soup
½ c. brown sugar
salt to taste

If you can make this dish ahead of time, so much the better. Flavor improves in refrigerator overnight. It also freezes well. Since spices vary in strength depending on age, the quantities given here are only guidelines. You have to let your tastebuds be the judge.

Saute the ground beef in a large casserole or saucepan until it loses red color. Add chili powder, garlic powder, Worcestershire sauce, onion powder, cayenne, Tabasco, black pepper, celery seed and mushrooms. Stir into meat and continue cooking over medium heat until beef is cooked. Add the canned goods, salt and sugar. Simmer over low heat about 30 minutes. Adjust seasonings if necessary. Serves 8.



A HEARTY clam chowder takes just minutes to prepare if you use canned cream of potato soup and canned clams — and the cook can stay on the slopes longer.

Snowdon fire protection by new Townships, not Minden

MINDEN — A letter received from Snowdon Township clerk-treasurer G. Wynne to Minden council stated that they would not be using the Minden Fire Department for their townships needs this year.

Minden fire protection for the year 1977 cost the township of Snowdon \$1500, which was the same figure for 1978. Snowdon council turned down the offer and instead opted to get their fire protection for the township from Dysart et al for the north end of the township and Somerville fire department for the south end.

Minden's fire rates were quoted at \$150 for the first hour and \$75 for each additional hour.

Specialists to check hole in Arctic ice

Armed forces personnel and scientists yesterday flew to the Arctic to investigate the discovery of a hole in the ice at a remote lake near Cape Dorset, N.W.T., where a large object apparently plunged into the water.

A Canadian Forces spokesman said the hole in the ice was in line with the track of a Soviet nuclear-powered satellite that

plunged into the atmosphere over the Northwest Territories Jan. 24.

The discovery was made by an Eskimo who told RCMP on Friday that water had frozen over the hole, which was about three metres in diameter.

The Eskimo said he had been in the area before the Soviet Cosmos 954 entered the atmosphere and the ice was normal at that time.

RCMP have advised Cape Dorset residents to stay away from the area because of the possibility of contamination.

NOTICE TOWNSHIP OF STANHOPE

HOME RENEWAL ASSISTANCE IS NOW
AVAILABLE UNDER THE ONTARIO
HOME RENEWAL PROGRAM.
APPLICATIONS MAY BE OBTAINED
FROM THE STANHOPE MUNICIPAL
OFFICE.

W. J. Moore,
Property Standards Officer

NOTICE

TOWNSHIP OF STANHOPE

Planning and/or

Administrative Employment:

COUNCIL IS CONSIDERING MAKING APPLICATION TO THE PROVINCIAL GOVERNMENT FOR FINANCIAL ASSISTANCE, TO PROVIDE SUMMER EMPLOYMENT FOR STUDENTS WHO ARE ENROLLED IN A COMMUNITY COLLEGE OR UNIVERSITY IN THE AREA OF PLANNING OR ADMINISTRATION COURSES.

ANY STUDENT WHO MAY BE INTERESTED, PLEASE CONTACT THE STANHOPE MUNICIPAL OFFICE PRIOR TO MARCH 22, 1978.

Gerald Bain, Clerk

Minden Play-Off Action

PEEWEEES DOWN HALIBURTON 2-0

HALIBURTON — On Tuesday evening Minden Pee-wees continued their fine OMHA round robin hockey play by downing Haliburton 2-0.

The game was a real thriller from start to finish with a scoreless tie at the halfway mark in the third period. Andrew Shapiera gave Minden the lead. Haliburton pulled out all the stops from that point but Colin Newell in the Minden net put on a super performance, stopping everything shot his way. With just over a minute remaining, Jeff Stamp broke away for an unassisted goal to clinch the victory.

NINE PEEWEEES BEAT FENELON FALLS

MINDEN — On Thursday evening at the Centre the Minden OMHA Pee-wees vaulted into first place in their round robin series with Haliburton and Fenelon, by downing Fenelon 9-1. The addity of the game was that nine different players handled the scoring, Andrew Shapiera, Robbie MacLeod, Wade Barry, Scotty Yake, Scotty Hamilton, Eldon Bull, Doug Schell, Rick McGee and Jeff Stamp. Now that's a team effort if there ever was one. Rodney Jukes replied for Fenelon.

MIDGETS WIN 3-2 WITH ALLISON'S LATE GOAL

MINDEN — Walker's midgets continued their round robin playoff series on Thursday with a 3-2 victory over Bobcaygeon. Dan Allison scored with just 22 seconds left in the game to give the Lumberman their win. Earlier in the period Bobcaygeon had held off the Minden boys, when they had a seven minute power play.

Bobcaygeon opened the scoring in the first period on a goal by Norman Mehnert. They upped the score to 2-0 at the 26 second mark of the second on Chris Robertson's goal. Dan Allison halved the score at 4:27, assisted by Terry Harrison and Paul White. The period ended, 2-1. Tim Davies tied the score at 2:02 of the third, Brian Shaw assisting. This led to Minden's late heroics as Tim Davies picked up the puck at the Minden blueline, passed to Shaw who in turn passed to Allison, making the final score 3-2. Bobcaygeon was assessed six minors, a major and a game misconduct while Minden took four minors.

Carnarvon YBC Seniors

BOWMANVILLE — 11 YBC seniors from Carnarvon Lanes travelled to Bowmanville a week ago to participate in the Pepsi Cola high school bowling tournament zone finals. Although they didn't finish in the top spots, they did pick up some valuable experience. All but one of the 11 are first year senior bowlers and have a minimum of two more cracks at this tournament which I'm sure two or three of them will make the provincial championships possibly as soon as next year. There were 135 seniors trying for 15 spots in the provincials.

The 11 competitors from Carnarvon Lanes who took part were, Cathy Darby (617), Warren Mann (716), Ron Yake (583), Mike Hatkoski (676), Scott Arbuthnot (588), Brent Moxam (617), Richard Beeney (516), Richard Lichty (541), Gord Stevens (488), Sean Harrison (639) and Shane Blakey (559).

Don't tell the boss your troubles — he's got some alternatives that will make them seem like nothing in comparison — and you're liable to get saddled with same.

In the News



LEON SPINKS is the new heavyweight champion of the world. He won a 15-round split decision from Muhammad Ali to surprise the sports world.

Sports

Jadek drops Creemore twice, Juveniles split with Havelock

MINDEN — This past weekend, two OMHA teams from Minden opened their first ever All-Ontario semi-finals playoffs.

Jadek Sport bantams came up with a gutty performance on the weekend, coming back from a 3-2 deficit in the second period of the first game to win 5-3 and then with a shaky 2-1 lead after two periods of the second contest in Creemore, pulled away in the third to win 5-2 and take a commanding 2-0 lead in their best of five series.

Harold Porter led the attack in the first game netting the hat trick while Ronnie Yake scored twice. Lee Shaw and Rick Methelal replied for Creemore. In the second game Scott Arbuthnot played perhaps his finest game in his hockey career, netting three goals. Kevin Shapiera scored twice. Lee Shaw and Gib McInns scored for Creemore.

Vasey juveniles opened their best four out of seven series at the Centre on Friday evening against Havelock and lost a close game 8-6. Tim Bain scored twice with singles going to Al Clement, Terry O'Brien, Tim Davies and Steve Davies.

On Sunday in Havelock, the Vasey boys were not about to lose two straight. They came out flying and hitting and when the final buzzer sounded the score was 5-2 and the series tied.

Brian Shaw, playing on a badly bruised leg, scored a pair for Minden with singles going to Tim and Steve Davies as well as Garry Harrison.

The Juveniles next games are Friday at the Centre, 8 p.m., Saturday in Havelock, 8 p.m., and Monday here at 8 p.m. Jadek Bantams play their third game in Creemore on Sunday.

Despite officials, Bantams now advance to semi-finals

WARSAW — In an All-Ontario quarter final hockey game last week in Warsaw, between Jadek bantams and Warsaw, Minden was short-handed for all 52 seconds of the second period but still hung on to win the game 4-2. With the victory, Minden now advances to the all-Ontario semi-finals against Creemore. First game to be played at the Centre in Minden on Saturday evening at 6:30 p.m.

Minden jumped into the lead at the 3:46 mark of the first period on a goal by Harold Porter, assisted by Brent Moxam. Shawn Chapman upped the count to 2-0 on a slick three way play with Ron Yake and Scott Arbuthnot. Then came the second period, when the officials, M. Cook and M. Fife, apparently took a dislike to the Minden boys blue uniforms. As a penalty was called on Minden almost every two minutes, resulting in two powerplay goals by Warsaw. However, if the officials were trying to even up the game for Warsaw by penalizing Minden, it backfired. Harold Porter, Ron Yake and Scott Arbuthnot were sent out on the ice when Minden had two boys in the box for some infraction and within seconds had the score 3-2 on just one of the finest puck control demonstrations you'd ever want to see, culminating in a backhand goal by Porter. Ivan Ingram salted the game away in the third period, assisted again by Yake and Shawn Chapman.

Minden picked up 26 minutes in the sin-bin, 14 of these in the second period, while Warsaw accumulated 16 minutes.

Speed limit signs to go on Horseshoe Lake Road

A letter to Anson, Hindon and Minden council advising them that Mr. Don Heaven, of Horseshoe Lake Cottagers' Association will be taking charge of the erection of speed limit signs and causeway problems was read at the meeting last week.

The letter stated that the Cottagers' Association will erect and maintain these signs as well as handle any problems involving the causeway. Council then passed a resolution to obtain the signs for them.



Second place finishers in the Master Bantam bowling tournament on Sunday in Bowmanville went to the above threesome of Bill Korz, centre of Fenelon Falls and Nancy Conway left and Andrew Boyes, right of Carnarvon YBC. They finished with 365 pins over avg.



Carnarvon Lane's own Master Teacher teamed up with Susan Ballantyne and Jimmy Masters to finish the tournament at 193 pins over average, good for tenth.



Steve Barton of Fenelon Falls, teamed up with Eric Johnson and Peggy Conway on the weekend with the threesome finishing at 21 pins over their averages.

Carnarvon Lanes takes second at Master Bantam tournament

WHITBY — Bill Korz, Master Teacher at Fenelon Lanes teamed up with Nancy Conway and Andrew Boyes of Carnarvon Lanes on Sunday and walked off with second place in the Master Bantam bowling tournament for zones J & K at County Bowl in Whitby. The team rolled 365 pins over their average to capture second spot.

Winners of the tournament were Wendy Harding, Jeff Ellis and Debbie Taylor of Motor City rolling 488 over their averages. They now advance to the provincial finals on April 1st. Third place finishers were Jim Northey, Lynn Brown and Darren Stabler of Chemong Lanes with 329 pins over their averages.

Ron Robinson, Master Teacher from Carnarvon teamed up with Susan Ballantyne and Jimmy Masters to roll 193 pins over their average while Steve Barton, another Master from Fenelon, teamed with Peggy Conway and Eric Jonson of Carnarvon to roll 21 pins over.

This is the finest performance ever by the Carnarvon YBC program, at a zone tournament and we at Carnarvon Lanes would like to thank Fenelon Falls for the use of their two Master Teachers.

Carling Open set for Hamilton

The Ontario Fivepin Bowling championships, sponsored by Carling Breweries will be held in Hamilton March 23, 24, 25. Sherwood Lanes in Hamilton will be the host centre and the 48 modern lanes on one floor is the top bowling establishment in Canada.

Over 1700 top bowlers in the province played 20 games of the qualifying rounds in their respective zones last December. The top 10 men and nine women plus three coaches from the 24 zones make up the 528 bowlers competing for the coveted Ont. titles.

Winners will be crowned in the team events — (men's, ladies and mixed) and also in the men's and ladies singles. Winners will compete in the Carling O'Keefe World Fivepin Championships on May 18, 19, 20, and 21, which are scheduled for Thunder Bay. This is the 11th year of sponsorship for Carling O'Keefe and the 12th year for the provincial championships. \$7500 in prize money is available for the competitors.

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The Highlands Express

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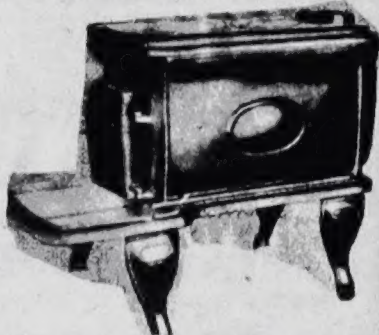
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Meet old watts-his-name

by Richard Charles

You know the old joke: Who goes there? Watt. I said, who goes there? Watt, etc. Another story goes like this: we switch on our home appliances, and even trust some to switch themselves on, and we are hardly aware of the watts quietly pouring into our homes until the next hydro bill arrives. So, who goes there? Money, that's watt.

The people at the power station see it from another angle. When we switch on a small 1,000-watt appliance for an hour, we use 1 kilowatt-hour (kWh) of energy, which takes the equivalent of 10 ounces of oil or 13 ounces of coal to produce. That doesn't sound like much. But an ordinary Canadian home can easily use 12,000 kWh a year for appliances alone, not counting heating and lighting. That's close to 4 tons of oil or 5 tons of coal for each of the millions of homes in Canada. We could surely save some of that by finding out whether watts are our friends or foes before we let them in.

Three of the biggest energy users in the home are the refrigerator, freezer and stove, and all can be run more economically without making them less useful.

An electric stove uses an average of 1,200 kWh per year at a cost of about \$30. Make some savings by using the oven to cook larger quantities at one time (freeze some if you don't need it all). There's no need to preheat an oven if the cooking takes more than an hour, and you can switch off 30 minutes before a roast is done and let the existing heat complete it.

On the top of the stove, use the right size of pan for each element, don't drown vegetables in too much water and, once it boils, use less heat to keep it boiling. Again, turn off the heat two or three minutes early and let the heat in the element finish the job.

Glass or glass-ceramic dishes need less heat than metal for baking in the oven. The best-performing pots and pans on top of the stove are bright and shiny, with straight sides, flat bottoms and tight lids. Double-boilers, pressure cookers and vegetable steamers (baskets) also save energy.

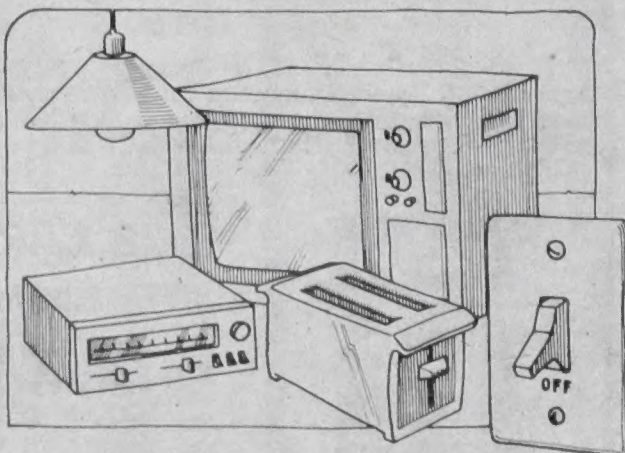
Frost-free refrigerators and freezers cost more than standard models, and can use 30 to 40% more energy. Even a standard 14-cubic-foot freezer uses an average of 1,200 kWh annually, and a standard 12-cubic-foot refrigerator about 850 kWh. Between them they can add about \$50 a year to your hydro bill. When buying either, make sure that it is properly insulated.

To save energy, place the refrigerator or freezer away from heat sources such as the kitchen stove, direct sunlight or heat vents. Leave space around it for air to circulate and take heat away.

Keep the refrigerator's condenser coils clean for good performance. Make sure that freezer and refrigerator doors are airtight. For efficient cooling, defrost whenever the frost is one-quarter of an inch thick.

Some don'ts — don't set the temperature lower than necessary, don't open doors more than you must, don't overfill (let air circulate inside), don't put food in while it's hot, and don't leave the refrigerator running while you are on vacation.

The Office of Energy Conservation, Department of Energy, Mines and Resources has dozens of ideas, big and small, for stopping the watts from leaking away in the kitchen and other parts of the home. You can find a lot of them in 100 ways to save energy and money in the home, which is yours if you write to Box 3500, Station C, Ottawa, Ontario, K1Y 4G1.



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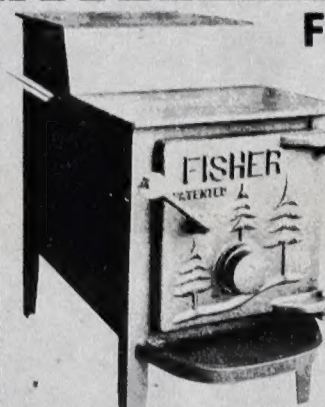
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Think small

by Jim Smith

Three businessmen went to lunch. After dessert, the check was presented.

"I'll take that," the first businessman announced. "I own my own small business and, since expenses are tax deductible, the government pays 25% of the cost."

"That's very generous of you," the second businessman responded. "But I insist on paying. I will submit the bill on my expense account and my employer will reimburse me. It won't cost me a penny."

Then the third businessman interjected. "Gentlemen, I must insist that you allow me to pick up the tab."

The second businessman was amazed. "How can you do better than getting the full cost reimbursed?" he demanded.

The third businessman smiled contentedly. "Easily. You see, I'm working on a cost-plus contract for the government and the more I bill, the more I make. As friends, you owe it to me to let me pay for lunch."

Apocryphal? Yes.

Impossible? Absolutely not. Similar transactions take place every day. It's all part

of government's inability to control the costs of its projects.

The magnitude of the control problem was apparent in recent statements by Ontario's former Energy Minister, James Taylor who contends that Ontario Hydro is out of control. Ontario Hydro is not unique; public utilities have become governments unto themselves, answering, in effect, to no one.

Or consider health care. For decades, private companies provided health insurance for Canadians at reasonable cost. Within a decade under government management, health insurance costs have risen so dramatically that they threaten to cripple government. Private hospitals, which have worked well in other countries, are discouraged in Canada.

Bureaucrats have no incentive to operate efficiently, unlike private managers whose performance is measured by profitability. At a time when the post office is raising prices, losing more and more money and providing increasingly inept service, privately-managed courier companies are thriving. Em-

Cost-Plus Government

ployers hate Canada Manpower Centres but private employment agencies have never been more profitable.

Government was intended to provide services that could not be provided by private suppliers. That philosophy has been trampled by government trespassing on private property, helping some politicians to get elected but costing the public dearly. It's time government left private

OUR ANCESTORS

services to private firms — before our tax bill becomes greater than our earnings.

Reprivatization — remember the name — is one of the most pressing issues of modern government. Give business back to the business community. And use massive sub-contracting to small suppliers on those projects that remain under government control; smaller businesses can keep cost under control.



"Thank goodness we finally got rid of those extreme styles of the Louis XVI period!"

Canadian Comment

BY PETER WARD

OTTAWA (SF) — One of the real recent trouble spots for Prime Minister Pierre Trudeau and his cabinet has been the Economic Council of Canada, with its regular prodding of the government over the reasons for Canada's economic trouble.

That annoyance may soon be ended, though, with the appointment of Sylvia Ostry to head the Council. Mrs. Ostry and her husband Bernard are long-time big guns on the Ottawa circuit and strong proponents of the Trudeau Way. They are not only extremely bright people, but also people who are committed to ideas very much in tune with Trudeau's thinking. Neither one would be very comfortable hoisting a beer with the boys at the corner hotel.

Communications was another hot spot for the Prime Minister, and that's why he switched his close friend Pierre Juneau from being Chairman of the Canadian Radio Television Commission into the portfolio of Minister of Communications, even before Mr. Juneau had stood the test in a by-election. When Mr. Juneau didn't find approval with the voters of Hochelaga and had to leave the cabinet, he didn't lose favor with the PM. He moved right into Mr. Trudeau's office, and some say he virtually continued to exercise the power of a minister, or more.

Mr. Juneau then became head of the National Capital Commission, a job which he is leaving after 14 months, to take charge of the Prime Minister's pet project in the Secretary of State's department — pro-

tecting the rights of minority language groups. If you think that's a low-profile job, wait until you see the constitutional changes the PM has planned.

Into Juneau's old slot at the National Capital Commission moves C.M. "Bud" Drury, long-time civil servant, long-time cabinet minister and Trudeau loyalist to the core. Drury's appointment has angered some municipal critics in Ottawa, but the PM waves aside charges of patronage, saying that Drury is highly equipped to do the job.

That may have been true at one time, but Mr. Drury has a lot on his plate retaining responsibility for constitutional development in the north, and the native groups up there don't like it. It shows, they say, that the PM isn't really serious about dealing with them, and is merely trying to remove some of the political heat.

Those are just a few of the political appointments we'll be seeing and have already seen. There's a legion of good liberals out there waiting for important jobs in the molding of the country's future, and many of them will be installed in key positions before we get a federal election called. Most key slots are already filled by those committed to Trudeau.

Voters and tax payers can be forgiven if they grind their teeth in anger over the repeated paying off of political debts by a Prime Minister who uses patronage like a holy water blessing rod and arranges good jobs for the people who come to the aid of the Party at cushy federal salaries.

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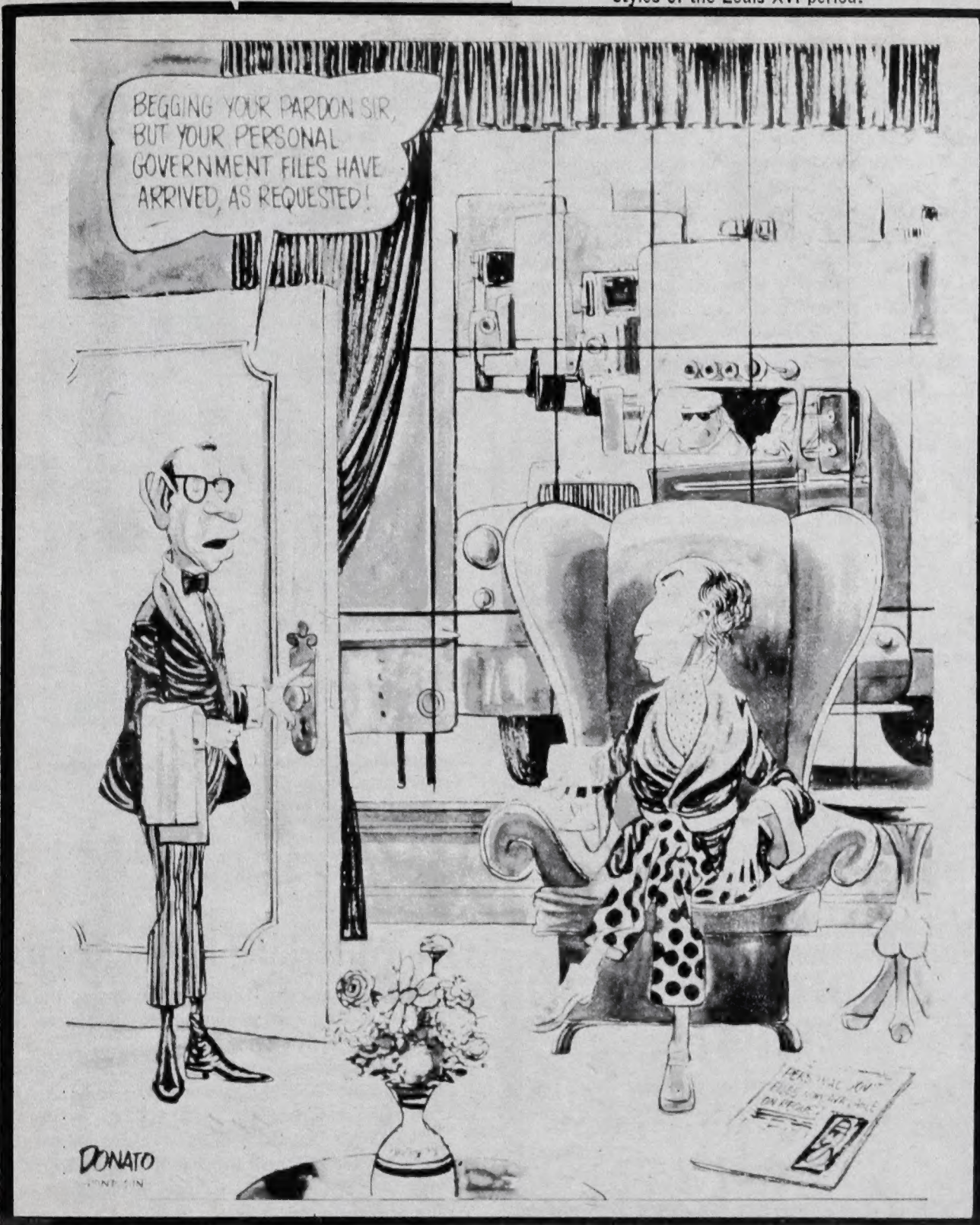
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The 1978 Carling O'Keefe Classic team which will bowl in the World Championships at Thunder Bay in May. l-r, Bruce Pierce, Carling Sales Rep. Don Fearnley, Bob

Niskanen, Giffin to represent Ontario in Carling Classic

OSHAWA — The Carling O'Keefe Classic 210 and under provincial finals took place at Motor City Bowl in Oshawa over the weekend and Jenny Niskanen of York Simcoe and Leighton Giffin of Huronia Bowlers Association, will lead the contingent of four men and three ladies to Thunder Bay in May for the World Championship.

Niskanen set a new Ontario record in winning the ladies division of the finals, rolling a five game block of 1369, breaking the old mark of 1330. Giffin took top honours among the men, rolling 1366. 96 bowlers from 24 zones, 48 men and 48 ladies took part.

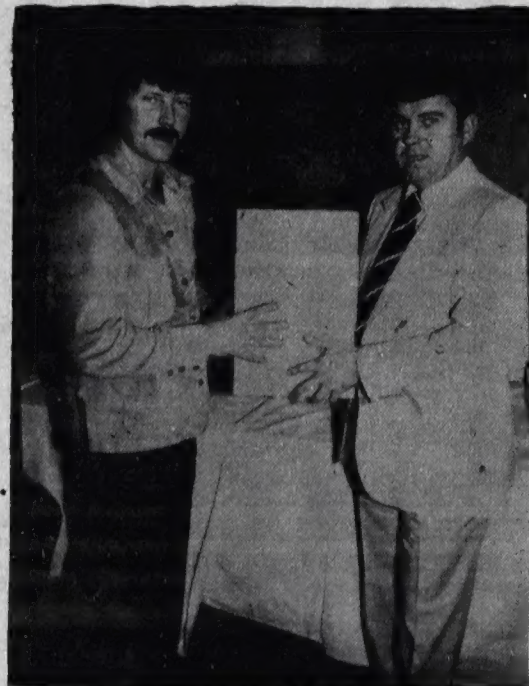
Two bowlers from the 1000 Lakes Association also did extremely well, with Mike Cole of Fenelon Falls (1221) finishing fifth and just missing going to the World's by 13 pins. Mike was unfortunate enough to step on the foul line and lose 15 points in his fifth game, the margin in which he lost the right to represent 1000 Lakes and Ontario at the World's. Linda Grant of Bancroft (1234) also bowled extremely well in a very competitive ladies division, finishing tenth.

Bowlers were treated to a fantastic banquet, thanks to Carling Brewries. More than 200 bowlers, family and friends were also treated to the singing and comedy acts of Katy Murtaugh and Harry Russell and followed with a dance to the music of Jimmy Hines and his band. The top 24 men and women received \$1500 in beautiful prizes for their efforts from Carlings.

Derasp. Wayne Wilson, Leighton Giffin, Jenny Niskanen Jeannie Ferby, Francis Hyndman and National Sales rep. Gene Rudiak.



Carling's Ont. Sales rep. Bruce Pierce congratulates Linda Grant on placing 10th in the Classic tournament.



Gene Rudiak, National Sales rep. congratulates Mike Cole left, of Fenelon Falls on finishing 5th in the Classic

Somehow, a "chorusperson" doesn't sound as attractive as a burlesque dancer.

PROVISIONAL COUNTY OF HALIBURTON

Half Loading Regulations

All County Roads of the Provisional County of Haliburton shall be posted and enforced for half loads as soon as conditions warrant, until April 30, 1978.

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Council seeking helicopter pad

Minden council on Wednesday discussed the possibility of locating a helicopter site in Minden, in connection with the Red Cross Society.

Two sites were discussed at the meeting, one at the rear of Mr. Dean Elliott's property and the other at the community centre.

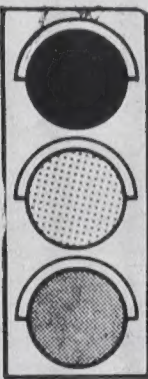
Council felt that the community centre is perhaps the best site for the 'pad' because it is open to traffic all year round, they held the site in obeyance until further study can be done.

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FEBRUARY WEATHER

Avg. high	22.8	-6
Avg. low	-4.1	-20
Avg. for month	8.3	-13
Avg. last year	15.7	-9
Hi, Feb. 25	32	0
Low, Feb. 4	-30	-34
Rainfall	0	
Snowfall	4"	
Precipitation	40	
Snow on grd.	22"	
Total snow to Feb. 28	83	

Feb. was a fairly pleasant month with no storms and more than average sunshine. The average temperature was much below normal. Precipitation was very light, only four inches of snow during Feb.

OUR WEEKLY BREAD



FALLING SHORT
Father so often we start out with wonderful intentions and end up falling short of the target.

Forgive us Lord and help us to forgive one another.

And on a deeper level help us to forgive ourselves.

Recognize your importance. Look into your abilities. Become sensitive to the needs of others and try to be there when needed. —PM

Samantha READS YOUR STARS

If you were born this week: You are forceful, yet compassionate; practical, yet dreamy; and skeptical, yet believing. You are loyal and loving, and can be rather possessive and even jealous at times. Your emotions are rarely lukewarm; you run either hot or cold with little middle ground.

ARIES (3-21-4-19): You're charming and irresistible, Aries, and you're especially so now. Use these gifts wisely in both business and pleasure and you'll be greatly rewarded. Do avoid coming on too strong, though, my pet; you don't want to scare anyone off. Days hold messages, mothers and merri-

TAURUS (4-20-5-20): Dissatisfaction with status quo may give you the restless urge to look for greener fields, Taurus. Before you make a hasty leap, get to the roots of those feelings. I think you might be surprised at what you find.

GEMINI (5-21-6-20): Social affairs may provide interesting contacts, both old and new. Now may be the time to firm up that idea that's been running around in your head, Gem. Romance shimmers and last days bring news and a purchase.

MOONCHILD (6-21-7-22): A faint heart never won anything, Moonbaby. You may have to overcome some verbal opposition to reach your week's goal, so just gird up and wade on in. Later, Cupid visits and week closes with monied interest.

LEO (7-23-8-22): You're always ready for a get-together, Leo. And whether it be a party or a meeting, or whatever, you're a center of attraction. And this week, with romantic eyes on you, you really shine. Week comes to happy ending.

VIRGO (8-23-9-22): You may be dealing with someone whose favorite pastime is giving orders. This turkey wouldn't recognize cooperation if it sat up and bit him. However you react, Virgo, don't play the role of meek mouse. Later, pause just long enough to slip on your dancin' shoes and go party.

LIBRA (9-23-10-23): Romantic connections broaden your horizons, Libby. Excitement is in the wind; be ready for adventure. Later, be stubborn and don't be swayed from the means to your end. That March lion brings a whirlwind on last day.

SCORPIO (10-24-11-22): It's a busy week ahead, Scorp, with routine matters and duties to tend leading the way. Several situations may be threatening to get out of hand. Avoid headaches by speaking your mind and taking control. Latter days bring surprises and week ends in a flurry of activity.

SAGITTARIUS (11-23-12-21): The spotlight's on romance, Sag, and it's full of sass and spice. You prove to the world once again that flirtation is not only fun — it's where it's at. Days gallop forward to glittery end with just a tiny bit of work sandwiched in the middle. And what more can you ask?

CAPRICORN (12-22-1-19): This could be a fine week to do a thorough Spring cleaning, Cappy. And while you're doing your thing in the house, just dust those cobwebs out of your mind, too. I guarantee you'll feel fresh as a daffodil, sweetie.

AQUARIUS (1-20-2-19): Communications are highlighted. And, since several of the calls are inspired by Venus, you'll want to respond on the double, Aquari. Later, take care of business so you'll be free for that intriguing proposition.

PISCES (2-20-3-20): Domestic matters claim your attention, Pisces, including a possible expenditure for the home. Your romantic pitcher throws you a few unexpected, pleasant curves; be ready to make contact for a home run. Days scout by.

Any man married for more than two years doesn't have to be told a thing about the operating principle of women's lib.

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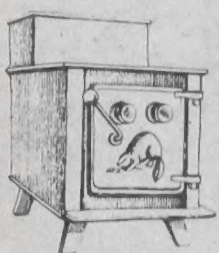
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Quotations close on April 7, 1978, lowest or any quotation not necessarily accepted.

W. E. Obee, P.Eng.,
County Engineer
Minden, Ontario K0M 2K0
705-286-1762

New ruling body for 5 pin bowling in Canada

A meeting was held on Feb. 11th in Winnipeg between the Canadian Bowlers Congress (CBC) and the Bowlers Association of Canada. At this meeting a memorandum of agreement was reached by the two groups present to form the Canadian Five Pin Bowlers Association, which will be the governing body of all five pinbowlers in Canada.

This memorandum is to be ratified by both groups at their next meeting to be held May 24th in Thunder Bay, Ontario.

This amalgamation is a result of pressure by the Federal Government and the Bowling Proprietor's Association of Canada (BPAO). The CBC was strongest in Ontario and Manitoba and had representation in Newfoundland, Quebec, Sask., Alberta and British Columbia. The BPAO had its strength in B.C. and Alberta.

The Federal government has indicated that bowling will change from recreation to Sport Canada, as a result of the new organization. Ottawa is prepared to pay a full time representative (to be known as National Director) to coordinate the affairs of the Bowling Federation of Canada as well as the new organization. Members of the BPAO and the Master Bowlers Association have been chosen to select the best person for this position. An advertisement will appear in the six major newspapers across Canada shortly for this position of National Director.

Ann Everall finishes 3rd in 4 Steps to Stardom

FENELON FALLS — Two weeks ago the YBC 4 Steps to Stardom zone finals were held in Fenelon Falls and at Motor City in Oshawa.

At Fenelon Falls singles were rolled and Ann Everall came up with the finest performance ever by a Carnarvon Lanes youth bowler in this tournament.

Battling right down to the wire with Brenda Cline of Cobourg and Cindy Wallings of Lakeview Bowl in Peterborough, Ann finally succumbed in the final frame of the third game to finish third with 613, just

Ask Alma

Dear Alma, My brother has never done anything on time. (He was even born after me.) He is about to celebrate his 50th birthday and I would like a suggestion for an appropriate present. — Procrastinator's Older Brother

Dear P.O.B., For \$10 you can get him a membership in the Procrastinator's Club of America. This organization would add endless ideas to your brother's activities. For example, has he ever considered going to an airport just for the delight of watching people miss their planes?

If your budget is not limited, you can sign him up for their future charter trip to Holland where they are going to relieve the boy whose finger is in the dike.

Their one publication, "Last Month's Newsletter," is published annually. They are still calling for their members to get in their votes for Miss Procrastinator of 1966 — soon — because the girls are getting old.

Collectively they protested the War of 1812 in 1966, celebrated Xmas in July, have a July 4th picnic in January, etc. You can write to them at 1111 Broad-Locust Building, Philadelphia, Pa. 19102 —

but don't be surprised if your brother is 51 before they answer — they are the Pros of procrastination.

Dear Alma, My husband often entertains his clients at the fanciest watering-spots in town. In between these lovely dinners he

insists on eating simple home cooking or "weens and beans." I think it unfair that I never get to go to these French restaurants and my diet is always home cooking — mine. — Not Liberated.

Dear N.L., So — what's stopping you?

Once a week, call a friend, pick a posh spot and go out to lunch (or dinner if that works into your schedule). If you'd really rather go with hubby, he ought to agree to an occasional night out. After all, he can always order a plain steak and baked potato.

You might look around for a local gourmet club to join where members take turns preparing exotic meals or each prepares just one course. It will be home cooking, but at least it isn't yours.

22 pins out of first place. In the 4 Steps, only the top bowler advances to the provincial finals.

In Junior boys play, Jeff Gough finished on top with 671, from Oshawa Lanes. In Senior boys, Graham Brown of Oshawa Lanes was first with 812, Beth Lewis was tops in Senior girls action with 695, Allison McMillan led the bantam girls with 531 and Brian DesIslet rolled 688 for the bantam boys.

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